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#### **ABSTRACT**

A list is presented of diagnostic tools for regular physical educators who are also involved in adapting physical education programs for children with disabilities. The tests are identified according to the student population served (normal, mentally retarded, severely handicapped, etc.), and the body function being assessed (gross motor, balance, body laterality, etc.). The address of the company or association that furnishes each test is also listed. (JD)







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# Assessment Tools for Adapted and Regular Physical Education

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Assessment in Adapted Physical Education is no longer the exception, but the rule under the guidelines of P.L. 94-142. Regular physical educators are currently becoming involved in assessment processes and joining school multidisciplinary teams for total profile development of school aged children. Norm-referenced and criterion referenced tests are presently ample and available to physical educators. When choosing an appropriate assessment tool educators should focus on the following guidelines: 1. define the purpose of the assessment; 2. determine specific variables to be assessed; 3. select protocols of tests which meet the specific purpose of your assessment; and 4. secure appropriate environment while performing the assessment. The following list of tools will assist the physical educator in test selection, screening, placement. diagnosis and program planning.

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## GENERAL MOTOR SKILLS

Name	Population	Area	Address
Bruininks-Oseretsky Motor Proficiency	General, 4½-14½ yrs.	Gross motor composite Fine motor composite	Publishers Building Circle Pines, MN 55014
Ohio State University Scale of Intra Gross Motor Assessment (OSU-SIGMA)	Preschool to 14 yrs.	Gross motor skills	Mohican Publishing Co. P.O. Box 295 Loudonville, OH 44842
DEOREO Fundamental Motor Skills Inventory (DFMSI)	Preschool/early elementary	Gross motor skills, locomotor and manipulative	Kent State University Department HPER Kent, Ohio 44240
I Can Program I Can Fundamental Skills Test	Motor performance of elementary students of any age	Gross motor, locomotor, object control, rhythm, object projection	Hubbard Scientific Co. P.O. Box 104 Northbrook, IL 66062
Riley Motor Problems Inventory, Revised (RMPI)	4-9, normal and slowly developing .	Gross, fine motor, oral motor, balance	Western Psychological Services 12031 Wilshire Blvd. Los Angeles, CA 90025
Stott-Moyes-Henderson Test of Motor Impairment	5-16 yrs, normal, slowly developing	Balance, gross motor, fine motor	Brook Educational Publishing Ltd. Box 1171 Guelph, Ontario, Canada NIH-6N3
Southern California Sensory Integration Test	4-10 yrs, normal and slowly developing children	Space visualization, motor skills, balance, vestibular, coordination, tactile kinesthesis	Western Psychological Service 12031 Wilshire Blvd. Los Angeles, CA 90025
Lincoln-Oseretsky Motor Development Scale	6-14 yrs, normal	Gross motor and fine motor	American Guidance Service, Inc. Publisher's Building, Circle Pines, MN 55014



## GENERAL MOTOR SKILLS (CONT.)

Name	Population	Area	Address
Basic Gross Motor Assessment	5.6-12.6 yrs, children with minor motor problems	Developmental delays in gross motor per- formance, balance, man- ipulative skills	G.E. Miller Inc. P.O. Box 266 484 S. Broadway Yonkers, N.Y. 10705
Valett Developmental Survey of Basic Learning Ability	2-7 yrs.	Gross motor, fine motor, visual perception, language and conceptual development	Consulting Psychologists Press, Inc. 577 College Avenue Palo Alto, CA 94306
Test of Gross Motor Development (TGMD)	3-10 yrs., normal and delayed develop-ment	General gross motor, locomotor, and man-ipulative	Pro-Ed Publishing Co. 5341 Industrial Oaks Blvd. Austin, TX 78735
Movement Patterns Achievement Profile (MPAP)	2½-5 yrs. with physical handicaps ·	General gross motor, developmental skills, locomotor manipulatives, balance, body image	AAHPERD Publications 1900 Association Drive Reston, VA 22091



## MOTOR SKILLS/ATYPICAL POPULATIONS

Name	Population	Area	Address
Cratty Six - Category Gross Motor Test	Normal 4-16 yrs, EMR 5-20 yrs, TMR 5-24 yrs	Body, gross motor, locomotor, balance, throwing, tracking	Charles C. Thomas 301-27 E. Lawrence Avenue Springfield, IL 62717
Godfrey-Kephart Movement Pattern Test	Normal and Atypical Children	Gross motor control	Appleton-Century-Crofts 292 Madison Avenue New York, N.Y. 10017
Oregon Data-Based Physical Education Program	Severely Handicapped	Gross motor	John M. Dunn Dept. of P.E. Oregon State University Corvallis, OR 97331
Rarick-Factor Structure of MR	MR 6-21 yrs.	Gross motor, fine motor	Dept. of Physical Education University of California Los Angeles, CA 90025
Project A.C.T.I.V.E.: Motor Ability Test	4-8 yrs, handicapped	Motor ability factors	VEE Inc. P.O. Box 2093 Neptune City, N.J. 07753
Vinland Adaptive Behavior Scales	Mentally retarded, applicable to handi-capped & non-handi-capped, birth to adult	General assessment of gross motor, fine motor, communication, daily living skills and socialization	American Guidance Services Publishers' Building Circle Pines, MN 55014
Cajon Motor Assessment Instrument	All handicapping conditions	Gross motor	Cajon Valley Union School District Special Education Dept. 189 Roanoke Road El Cajon, CA 92022



#### DEVELOPMENTAL MOTOR CONTROL

Name	Population	Area	<u>Address</u>
Gesell Developmental Schedules	4 wks-6 yrs.	Motor, adaptive, language, personal- social	The Psychological Corp. 757 Third Avenue New York, N.Y. 10017
McCarthy Screening Test	2.5-14 yrs. considered to be "at risk"	Right/left orientation verbal memory, draw a design, numerical memory, conceptual grouping, leg coordin- ation	The Psychological Corp. 757 Third Avenue New York, N.Y. 10017
Bayley Scales of Infant Development	Normal and atypical 2 mths-2½yrs.	Mental and motor scales, infant behavior record	The Psychological Corporation 757 Third Avenue New York, N.Y. 10017
Denver Developmental Screening	Delayed development birth-6 yrs.	Gross motor, fine motor, language, personal-social	Ladoca Project & Publishing Foundation, Inc. East 51st Avenue and Lincoln Street Denver, CO 80216
Portage Guide	General 0-6 yrs.	Gross motor, fine motor, language, developmental skills	Portage Project CES\ 12 P.O. Box 564 Portage, WI 53901
Peabody Developmental Motor	Birth-7 yrs.	Gross and fine motor	DLM Teaching Resources P.O. Box 4000 One DLM Park Allen, TX 75002
Brigance Diagnostic Inventory	0-7 yrs.	Psychomotor, pre- ambulatory motor skills, gross motor, fine motor, general knowledge, early academic skills, speech and language	Curriculum Assoc. Inc. 5 Esquire Road North Billerica, MA 01862
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## RELATED AREAS TO MOTOR CONTROL

<u>Name</u>	Population	Area	Address
Southern California Post-Rotary Nystagmus Test (SCPNT)	Early childhood	Vestibular function	Western Psychological Services Publ. 12031 Wilshire Blvd. Los Angeles, CA 90025
Skan-a-Graf Permagrid	All	Posture, structural deviation	Reedco Inc. 5 Easterly Avenue Auburn, N.Y. 13021
Foot-O-Graph	All	Posture, balance, and weight bearing	Saperston Laboratories, Inc. 200 W. Monroe Street Chicago, IL 60606
Zender - Purdue Reflex Test	6-12 yrs.	Tests for signs of Symmetric Tonic Neck Reflex Immaturity	Academic Therapy Publ. 200 Commercial Boulevard Novato, CA 94947
Milani - Comparetti Developmental Chart	Reflex, development for gross motor control		Crace Rossa Italiana Di Cameratz, Firenze Comitato Provinciate De Firenze Via DiCamerata 8,50133 Firenze
Body Image Screening Blind Children	Blind children, 8-19 yrs.	Body laterality, directionality	American Foundation for the Blind 15 W. 16th Street New York, N.Y. 10011
Erhardt Developmental Test	Birth-2 yrs. and 1-6 yrs.	Grasp, manipulation, fine motor control	Prehension Association Ransco Publishing Co.



#### FITNESS

Name	Population	Area	Address
AAHPERD Health Related Fitness	Normal, 8-18 yrs.	General fitness	AAHPERD 1900 Association Drive Reston, VA 22091
AAHPERD Youth Fitness	Normal	General fitness	AAHPERD 1900 Association Drive Reston, VA 22091
Motor Fitness Test Manual	Moderate MR, 6-20 yrs.	General fitness	AAHPERD 1900 Association Drive Reston, VA 22091
AAHPERD Special Fitness Test for Mildly Retarded Persons (adaptation of AAHPERD Youth Fitness)	Mild MR, 8-18 yrs.	General Fitness	AAHPERD 1900 Association Drive Reston, VA 22091
Fit-N-Dex	Normal	General fitness	Cramer Products, Inc. P.O. Box 1001 Gardner, KS 66030
Buell Adaptation of AAHPERD Youth Fitness Test	Blind, 10-17 yrs.	General fitness	AAHPERD 1900 Association Drive Reston, VA 22091
Fait Physical Fitness Battery for Mentally Retarded	Mild and moderate retardation 9-20 yrs.	General fitness	Fait, H.F. & Dunn, L.M. Oregon State University HPER Department Corvallis, Oregon
Project Unique: Physical Fitness Test	Sensory, Orthopedi- cally Handicapped 10-18 yrs.	Health, agility, fitness, motor skills	St. Univ. of New York College of Brockport Brockport, N.Y. 14420



#### VISION/VISUAL PERCEPTION

<u>Name</u>	Population	Area	Address
Developmental Test of Visual-Motor Integration	2-8, 2-15 yrs.	Long form - 24 geo- metric forms, arranged in order of increas- ing difficulty	Follett Educational Corp. 1010 W. Westington Blvd. Chicago, IL 60607
Mertens-Visual Perception Test	Grades early elementary	Visual perception, design copying, repro- duction, design completion spatial recognition, visual memory	Western Psychological Services 12031 Wilshire Blvd. Los Angeles, CA 90025
Bender Visual Motor Gestalt Test	3 yrs adult, normal and atypical .	Assesses the visual- motor functions. The test is also used in the eval. of develop. problems in children, learning disabilities, retardation, psychosis, and organic brain disorders.	American Orthopsychiatric Association Western Psychological Services 12031 Wilshire Blvd. Los Angeles, CA 90025
Frostig Developmental Test of Visual Perception	4-8 yrs.	Visual Perception	Stoelting Co. 1350 S. Kostner Avenue Chicago, IL 60623
Motor-Free Visual Perception Test (MVPT)	4-8 yrs	Visual perception pro- cessing ability in children, kinesthetic awareness	Western Psychological Services 12031 Wilshire Blvd. Los Angeles, CA 90025
Wepman Spatial Orientation Memory	7 yrs adult	Spatial memory	Language Research Assoc. Inc. P.O. Box 2085 Palm Springs, CA 92246



#### VISION/VISUAL PERCEPTION (CONT.)

<u>Name</u>	Population	Area	Address
Developmental Test of Visual-Motor Integration	Ail	Visual motor integration	Follett Educational Corp. 1010 W. Westington Blvd. Chicago, IL 60607
Test of Visual-Perceptual Skills (TVPS)	A11	Visual memory, Disc., SR, FC, Seq. Memory, F.G. & Closure	Special Child Publ. P.O. Box 33548 Seattle, WA 98133

